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Making Youth Soccer Fun! Ages 4 To 8: A Guide To Coaching (Volume 1)



Synopsis

Making Youth Soccer Fun! Ages 4 to 8 is a coaching guide that will give any parent, volunteer, or a beginner in coaching all of the basic tools to teach and coach youth soccer players, both boys and girls, from ages 4 to approximately 8. The drills and activities are useful for both outdoor and indoor soccer. If you are worried that you lack general knowledge of soccer, its techniques, and the rules of the game, or do not know how to run a practice session for 4 to 8-year-olds – fear no more! This book also will help you with:

- General approaches on how to coach and engage young players
- Team management advice on communication, coordinators, parents, forms, etc.
- Quick-and-easy-to-apply practice activities
- Straightforward answers to some critical soccer questions
- Game day logistics
- Formations
- Understanding the basic rules of soccer
- 25 Pro Tips to simplify your coaching efforts
- Over 30 detailed practice activities with diagrams to get you through an entire season and more!

Finally, a soccer book written in easy-to-read terms that provides the basics of teaching young players the game of soccer for both new and more experienced coaches. Coach Paul Sabiston, a veteran soccer player and coach, has played or coached youth soccer for over 35 years at all levels, including playing collegiate soccer at Wake Forest University. This book is the first in the series of Making Youth Soccer Fun! – that includes books for soccer coaches and young players alike. Check out his website at www.psabistonbooks.com.

Book Information

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Customer Reviews

This review will come in parts, and adjusted accordingly. Unlike the existing reviews, I intend to offer

up more detail. I would also like to mention that 11 of the first 12 reviews came in about 3 days apart from each other, about a week after the book was released. That is an unbelievable coincidence, especially when you consider that most of those reviews come from users that have never reviewed anything, ever. I find this sort of practice deplorable, and will try not to let it affect my review (or at least not that much). I've gotten past the first few chapters, and it's already going in a good direction, although slightly wordy at times. This is not a con in the reading, just something I noticed. As I continue reading I will edit this review and try to be as detailed as I can without being exaggerated.

25% Into the book I'm a quarter of the way in, and there is a lot of good information in it. Although I feel like there are parts that are completely unnecessary, it's certainly not terribly bad information. Looking back at the first time I started coaching any sport, some of this information is incredibly useful allowing new coaches to be more proactive rather than reactive. I bumped the review up to 4 stars. More to come.

50% Into the book Solid. There are some pretty good practice examples in there (there are so many that can be done, but that's not what this book is about). Although I may have done a few of them a little differently, I can see where a new coach can benefit from these. Plus there are practice schedule examples to get you started. Well done. The coaching tips are good as well. As I mentioned before, I do it a little differently, but more than a few of them I will be modifying to try as they are written here. In my head, it looks like it may be more beneficial if I do. We'll see how the minor changes translate in the spring. For the new coach, if done as written, you will see how the game becomes fun for the kids rather than work (it should only ever be work for you). They will learn (some faster than others), but ultimately it will be fun for them. That's the most important part, especially at this age group (U6, U8).

Ever thought about being a coach, but were a little nervous because you weren't quite sure what to do? Are you an existing coach looking to add some new activities to spice up your practices? This is a great resource for anyone coaching or thinking of coaching at this age level. Everything you need to improve your players' core skills, manage your practices, and manage your season is right here. Plenty of fresh activities to give your players lots of touches on the ball and develop their skills, all while having a lot of fun doing it. I wish I had had this book my first season as a coach!

As a former athlete that spent most of his time in the water, having my children decide to play soccer has created quite the dilemma. After searching Google and Youtube for help with this sport I am happy I came across Paul's Book. It is extremely easy to read and I love that he has provided

many many specific drills i can use for my practices. Helping as a volunteer in the Upward sports program, I really like that the book focuses on player development and is not focussed on winning at age 6. His book should be included in the upward sports coaches packet!

I grew up playing baseball, football and wrestling. No soccer. I can motivate, but soccer scares me. So what to do when your local sports organization needs a soccer coach for your kids' team? Let me tell you, drop 3 bucks for this book/download. You don't have to be a pro at this level, but this book will help with fun and fundamentals.

Well-organized and well thought-out source of information that will be helpful if you're thinking about coaching or helping to coach, or already trying to coach kids at soccer, but is straight-forward enough to assist a parent trying to help their child learn to play soccer well, but feel a little uncertain about how to proceed. Practice suggestions and coaching tips were particularly helpful in keeping soccer practice positive, moving forward and fun for this age group (which can sometimes be a challenge!).

Download this book if your child plays soccer! I'm not my kids' soccer coach, but I do enjoy kicking around with my children in the backyard or at the park. This book will definitely help me "play" more effectively. My kids are 2 years apart - the book explains how different ages are capable of different skills. I'm so happy I came across this book!

Simply put, this is the best book out there for coaching 4 to 8 year old soccer players. As a Head College Coach and former youth soccer club director, I would recommend this book to anyone coaching a team aged between 4 and 8 or someone who would like to help their own 4-8 year old player develop. Andy Kaplan
Head Women's Soccer Coach
Reinhardt University

Youth soccer clubs should make this book required reading for all new coaches. Thanks Paul for sharing your knowledge and experience.

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